



Pregnancy: I'm in my 1st, 2nd and 3rd trimester...

What You Need To Know

These classes are intended to instruct on what to expect during each trimester, necessary screenings and the importance of prenatal care.

This program will also screen patients for post-partum depression.

This LIVE Webinar will be held on:

Monday, May 21st

Pregnancy: I'm in my 1st trimester 12:00-12:30p CDT/1:00-1:30p EDT

Pregnancy: I'm in my 2nd trimester 3:00-3:30p CDT/4:00-4:30p EDT

Pregnancy: I'm in my 3rd trimester 5:30-6:00p CDT/6:30-7:00p EDT

***Please note: Participants MAY NOT join webinars during work hours.
All webinars and programs are to be completed outside of work hours.**

To register, please go to www.carehere.com and log on with your user name and password. Click on Wellness Registration on the green navigation bar. This will pull up an enrollment form, where you may register for this program. Fill out the form to register and click done.

If you have questions about this presentation, please contact:
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tthompson@carehere.com or
call 615-866-0587 or toll free: 877-866-6430 ext. 0587.