



## "Aging Well"

LifeServices EAP will present information to help you. This presentation will be approximately 40 minutes followed by a 10 minute Q & A session.

Correctional Work Center
Conference Room
1720 Church Street
Murfreesboro, TN 37130

January 14, 2010 11:00 am-12:00 pm

Cigna will provide a free sandwich, side, & bottled water to everyone who RSVP's and attends.

Sign up today! Please reply to this email to confirm your spot!

Please RSVP to getrutherfit@rutherfordcounty.org