

CareHere!®



Pregnancy: I'm in my 1st, 2nd and 3rd trimester...

What You Need To Know

These classes are intended to instruct on what to expect during each trimester, necessary screenings and the importance of prenatal care. This program will also screen patients for post-partum depression.

This LIVE Webinar will be held on:

Monday, June 21st

Pregnancy: I'm in my 1st trimester 12:00-12:30p CDT

Pregnancy: I'm in my 2nd trimester 3:00-3:30p CDT

Pregnancy: I'm in my 3rd trimester 5:30-6:00p CDT

***Please note: Participants MAY NOT join webinars during work hours. All webinars and programs are to be completed outside of work hours. If you are interested in this webinar but are unable to view it at the scheduled time, you may request a recorded version by e-mailing wellness@carehere.com.**

To register, please go to www.carehere.com and log on with your user name and password. Click on Wellness Registration (April-June) on the green navigation bar. This will pull up an enrollment form, where you may register for this program. Fill out the form to register and click done.

If you have questions about this presentation, please contact CareHere Health Coach and Registered Nurse, Tracy Thompson by email at tthompson@carehere.com or call 615-866-0587 or toll free: 877-866-6430 ext. 0587.