

# Important contacts

Vendor	Website	Phone number
<b>General</b>		
Insurance Department	<a href="http://www.rutherfordcountytn.gov/insurance">www.rutherfordcountytn.gov/insurance</a>	615-898-7715
<b>Medical</b>		
CIGNA	<a href="http://www.cigna.com">www.cigna.com</a> (Open Access Plus network) <a href="http://mycigna.com">mycigna.com</a>	1-800-401-4041
On-site clinics		1-877-423-1330
<b>Prescription drugs</b>		
CIGNA	<a href="http://www.cigna.com">www.cigna.com</a>	1-800-244-6224 (retail program) 1-800-285-4812 (Tel-Drug mail order program)
<b>Dental</b>		
CIGNA	<a href="http://www.cigna.com">www.cigna.com</a> (CORE network) <a href="http://mycigna.com">mycigna.com</a>	1-800-401-4041
<b>Vision</b>		
CIGNA Vision Network	<a href="http://www.cigna.com">www.cigna.com</a> <a href="http://mycigna.com">mycigna.com</a>	1-800-244-6224
<b>Life and AD&amp;D</b>		
The Standard	<a href="http://www.standard.com">www.standard.com</a>	1-800-628-8600
<b>Flexible spending accounts</b>		
AmeriFlex	<a href="http://www.flex125.com">www.flex125.com</a>	1-888-868-3539 (option 0)
<b>Short-term disability</b>		
Reliance Standard	<a href="http://www.rsli.com">www.rsli.com</a>	1-800-351-7500
<b>Long-term disability</b>		
The Hartford	Contact the Insurance Department	
<b>Voluntary insurance plans</b>		
Allstate Workplace Division (cancer, critical illness & accident insurance)	<a href="http://www.ahlcorp.com">www.ahlcorp.com</a>	1-888-808-1664 ext. 298 (BeneSync - local contact) 1-800-524-7965 (Allstate customer service) 1-800-348-4489 (claims only)
<b>Retirement/savings</b>		
Retirement plan (TCRS)	<a href="http://www.treasury.state.tn.us/tcrs">www.treasury.state.tn.us/tcrs</a>	1-800-770-8277
403(b)	<a href="http://www.valic.com/rutherford">www.valic.com/rutherford</a>	615-221-2541
457(b)	<a href="http://www.nrsforu.com">www.nrsforu.com</a>	1-877-677-3678
<b>Employee assistance program</b>		
LifeServices EAP	<a href="http://www.lifeserviceseap.com">www.lifeserviceseap.com</a>	1-800-822-4847
<b>Wellness program</b>		
Get RutherFit	<a href="http://www.rutherfordcountytn.gov/insurance">www.rutherfordcountytn.gov/insurance</a>	615-494-4480