

*Give your
baby-to-be
a healthy
start.*



A Business of Caring.

PROUD SPONSOR OF



Saving babies, together®

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CIGNA HealthCare
**Healthy
Babies[®]
Program**



As soon as your doctor says, “Congratulations, you’re pregnant,” you can enroll in the CIGNA HealthCare Healthy Babies® program.

When you enroll, you’ll get:

- Free educational materials about pregnancy and babies, including information from the March of Dimes,® a recognized source of information on pregnancy and babies.
- Round-the-clock access to a toll-free information line staffed by experienced registered nurses.
- You may also be eligible for support from a registered nurse case manager if you or your baby has special health care needs.

To enroll, just call the toll-free number on your CIGNA Health Care ID card.

Give Your Baby a Healthy Start in Life – Enroll Today!

Online resources:

As a CIGNA HealthCare member, you can log on to **myCIGNA.com** for tools and information from WebMD®, the nation’s leading provider of online consumer health care information.

You’ll find articles from some of the most trusted names in medicine, including:

- Planning for a healthy pregnancy
- Monitoring your pregnancy week by week
- Labor and delivery
- Caring for your baby

You can also sign up for a free pregnancy email newsletter and parenting magazine and get a personalized pregnancy calendar.

myCIGNA.com