

Important contacts

Vendor	Website	Phone number
General		
Insurance Department	www.rutherfordcountytn.gov/insurance	615-898-7715
Medical		
CIGNA	www.cigna.com (Open Access Plus network) mycigna.com	1-800-401-4041
On-site clinics		1-877-423-1330
Prescription drugs		
CIGNA	www.cigna.com	1-800-244-6224 (retail program) 1-800-285-4812 (Tel-Drug mail order program)
Dental		
CIGNA	www.cigna.com (CORE network) mycigna.com	1-800-401-4041
Vision		
CIGNA Vision Network	www.cigna.com mycigna.com	1-800-244-6224
Life and AD&D		
The Standard	www.standard.com	1-800-628-8600
Flexible spending accounts		
AmeriFlex	www.flex125.com	1-888-868-3539 (choose option 2, then 3 for customer service)
Short-term disability		
Reliance Standard	www.rsli.com	1-800-351-7500
Long-term disability		
The Hartford	Contact the Insurance Department	
Voluntary insurance plans		
Allstate Workplace Division (cancer, critical illness & accident insurance)	www.ahlcorp.com	1-888-808-1664 ext. 298 (BeneSync - local contact) 1-800-524-7965 (Allstate customer service) 1-800-348-4489 (claims only)
Retirement/savings		
Retirement plan (TCRS)	www.treasury.state.tn.us/tcrs	1-800-770-8277
403(b)	www.valic.com/rutherford	615-221-2541
457(b)	www.nrsforu.com	1-877-677-3678
Employee assistance program		
LifeServices EAP	www.lifeserviceseap.com	1-800-822-4847
Wellness program		
Get RutherFit	www.rutherfordcountytn.gov/insurance	615-494-4480