



# Commit to get fit

## It's never been easier when you have the **GlobalFit™ Commit Membership.**

Looking for a good reason to join a fitness club? How about six? Through CIGNA's Healthy Rewards® program,\* you can join a fitness club with **the GlobalFit Commit Membership** and enjoy these great benefits:

- Low fitness club membership rates
- 10,000 Clubs to choose from, including Bally Total Fitness, Curves, Gold's Gym, 24 Hour Fitness\*\* and other chain/local clubs
- Flexible membership and transfer options
- Free guest pass to try before you buy
- Discounts on home gym equipment
- CIGNA members receive \$10 off their gym membership activation fee

Join GlobalFit for the best rates and the best reasons to keep your fitness commitment. Go to Healthy Rewards® at [www.mycigna.com](http://www.mycigna.com), or call **800-870-3470** for more information on GlobalFit Commit or on other GlobalFit fitness club membership programs.

\*Some Healthy Rewards programs are not available in all states. If your CIGNA plan includes coverage for any of these services, this program is in addition to, not instead of, your plan benefits. A discount program is NOT insurance, and you must pay the entire discounted charge.

\*\*Special program terms apply.

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