



Health & Safety

Rutherford County Ins.

Apr - Jun 2010

On the Job Injury (OJI) Program

Health Insurance

Get RutherFit & Wellness

Walk for a Wii!!

Safety

On the Job Injury (OJI) Program

- OJI Benefits
- OJI Information on the web
- Steps to take if Injured on the job

Quarterly Safety Award

Did You Know

Your eyes have been the same size since birth

Safety Quote

"Safety is a cheap and effective insurance policy"

The Lighter Side



Rutherford County elected to opt out of the State Workers Compensation Program and elected to administrate an On-the-Job Injury Program (OJI) was implemented in January 2009. The OJI program was adopted by the County to develop a culture of safety & well-being for all its employees and provides a means for the County's continued commitment to incorporate & maintain a well-trained, informed & responsible workforce.

The OJI program is a benefits program that provides medical, rehabilitation, income, death and other benefits to qualified employees due to injury, illness and death resulting from a compensable work-related claim. In addition to these benefits, the program allows for greater control over an individual's injury. The benefits and responsibilities are described in greater detail in the plan document which can be viewed on the County's Insurance website.

http://www.rutherfordcountytnc.gov/insurance/oji_about.htm

There you will find the following OJI information:

Program Overview	Confidentiality
Filling A Claim	Physicians Panel
Post Actions	Program Exclusions
FAQs	FORMS

Follow these steps if injured on the job:

- All injuries and/or illnesses, on the job, whether requiring medical attention or not, must be reported to the supervisor immediately or within the current working shift after such occurrence.
- Select an authorized physician from the Panel of Physicians listed on the claim report. Complete and sign the forms.
- If you so desire, seek medical treatment from the physician you selected. Do **not** go to your primary care physician – it is not protocol and will not be paid for through the OJI Program.
- Notify your supervisor of your condition and what treatment the physician prescribed.
- To avoid out of pocket expenses, prescriptions must be filled at one of the authorized pharmacies.
- If the physician recommends light or restricted duty; your supervisor will work with you to determine what if any is available.

For additional information contact The Rutherford Co. Insurance Dept. at 615-898-7715

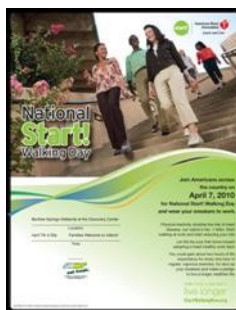
Get RutherFit & Wellness Programs

Walk for a Wii!!

National Start Walking Day kicked off on April 7th and we would like to encourage all county employees and their family members to participate to improve you and your families overall wellness.

Rutherford County Government is teamed up with the American Heart Association to bring you a free walking program, Start! The American Heart Association states you could gain about two hours of life expectancy for every one hour of regular, vigorous exercise. So lace up your sneakers and make a pledge to live a longer, healthier life.

Sign up today and track your exercise online between April 7-September 7 this year. We will present the employee with the most steps logged with a Wii! Please email getrutherfit@rutherfordcounty.org for sign up instructions or more information.



Rutherford Co. Safety Award

The Rutherford County Safety Award was designed to recognize and acknowledge County employees who play an important role in establishing a safety culture in their work centers. We would like to recognize Jim Burkhalter, Building Inspector, Building Codes Department. Jim Burkhalter invited Tim Street to tour the Goldstein Building which houses the offices of Election Commission, Engineering & Planning, Codes, etc. During the tour, Jim pointed out that there was not a smoke / fire alarms system in the building and requested follow-up action to hire a contractor who is currently engaged in the installation of an alarm system throughout the entire Goldstein Building. Jim is also actively involved with safety as he participates The Ruther Co. Safety Committee meetings and keeps the safety office informed of general safety notices on a regular basis.

