



“Taking Sleep Seriously”

Lunch & Learn Series

Dr. Parkash Patel, Board Certified in Sleep Medicine and Warren Brent of Smyrna Pulmonary Sleep Associates will present to County Employees.

The lunch will be September 16th from 11-12p at the Rutherford County Courthouse in Room 205.

Lack of sleep can cause fatigue, confusion, and irritability as well as cardiac problems.

We hope you will join us.

Please R.S.V.P. to attend:
getrutherfit@rutherfordcounty.org



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